30-MINUTE BRIGHTENING FACIAL

An express brightening facial for a combination/dry skin with surface dryness, an uneven skin tone, sebaceous hyperplasia and a dry, delicate eye area.

SKIN ANALYSIS

Once your client is comfortable on the table, start by examining their skin so you can customize your treatment plan to what they need that day. Tell them what you see on their skin and how you're going to improve it over the course of their treatment.

PREP

Cleanse

- Cleanse thoroughly with the Step 1 Facial Cleanser and remove with a warm, wet washcloth or disposable sponges.
- Use the Eye Makeup Remover on a gauze pad over the eyes.

Exfoliation

- Mix the Purifying Mask with the Brightening Toner and work into the skin. Add a second layer of Brightening Toner on top.
- Remove with an ultrasonic scrubber and clean off the residue with warm towels.

TREATMENT

Massage

- Apply the Brightening Toner, add a layer of q Flavonoid Complex on top and work into the skin.
- Apply the Hydrating Mask all over the face and neck. Massage with lifting, sculpting strokes for 8–10 minutes.

Mask

- Add another layer of Brightening Toner, massaging it into the skin.
- Apply the Facial Firming Mask on top, adding an extra layer over any areas with melasma.
- Leave on for a couple of minutes then remove with warm towels.

Finishing Products

- Apply a final layer of Brightening Toner, then the q Flavonoid Complex and the y Light Moisturizer on top.
- Apply the i Eye Repair Gel all around the eye area and a layer of h Super Soothing Cream on the lips.
- Finish with the s Facial Sun Block (SPF 40) Tinted if it is daytime.

EDUCATION

As a skincare professional, ask your client questions about their diet and lifestyle based on what you observed during skin analysis. Remind them why being consistent with their homecare regimen is so important and tell them when you need to see them for their next appointment.

HOMECARE REGIMEN

AM Regimen

- Step 1 Cleanser
- Brightening Toner
- i Eye Repair Gel
- y Light Moisturizer
- s Facial Sun Block (SPF 40) Tinted

PM Regimen

- Step 1 Cleanser
- h Skin Healing Gel
- q Flavonoid Complex mixed with the a Retinyl Serum
- n Night Cream