

45-MINUTE BOOSTING FACIAL

A condensed treatment facial for a combination/oily skin with large pores, blackheads and an uneven skin tone.

SKIN ANALYSIS

Once your client is comfortable on the table, start by examining their skin so you can customize your treatment plan to what they need that day. Tell them what you see on their skin and how you're going to improve it over the course of their treatment.

PREP

Cleanse

- Cleanse thoroughly with the **Step 1 Facial Cleanser** and remove with a warm, wet washcloth or disposable sponges.

Exfoliation

- Mix the **Exfoliating Mask** with the **Purifying Mask**, add a little water and work into the skin.
- Remove with warm towels or sponges.

TREATMENT

Massage

- Combine the **Retinoid Formula** with the **q Flavonoid Complex** and massage into the skin.
- Apply the **q Flavonoid Complex** around the eyes and follow with the **i Eye Repair Gel**.
- Apply the **Hydrating Mask** over the the face, neck and décolleté and massage for a further 10 minutes.
- Remove everything with warm towels.

Extractions

- Wear gloves and use tissues such as Puffs or Kleenex. Be thorough and get everything out to avoid marking the skin. Darker skin tones can mark easily, so take extra care.
- After extractions, apply a small amount of the **r Skin Refreshener** on a gauze pad and sweep all over the face except for the eye area.

Specialty Treatment with Mask

- Apply the **Retinoid Formula** all over the face, avoiding the eye area.
- Apply the **Facial Firming Mask** on top.
- Apply the **i Eye Repair Gel** around the eyes and place gauze dampened with a little **h Skin Healing Gel** on top.
- Leave for 8–10 minutes. In the meantime, use the **Hydrating Mask** to do a relaxing hand and arm massage.
- Wrap the face with warm towels, then remove the eye pads and use the towels to remove the mask. Remove any residue with sponges.

Finishing Products

- Apply the **Retinoid Formula** then add the **y Light Moisturizer** on top.
- Apply the **i Eye Repair Gel** all around the eye area and a layer of **h Super Soothing Cream** on the lips.
- Apply **La Bella Donna Loose Mineral Foundation SPF 50** if it is daytime.

EDUCATION

As a skincare professional, ask your client questions about their diet and lifestyle based on what you observed during skin analysis. Remind them why being consistent with their homecare regimen is so important and tell them when you need to see them for their next appointment.

HEMOCARE REGIMEN

AM Regimen

- **Step 1 Cleanser**
- **h Skin Healing Gel**
- **i Eye Repair Gel**
- **b Skin Moisturizer**
- **La Bella Donna Loose Mineral Foundation SPF 50**

PM Regimen

- **Step 1 Cleanser**
- **h Skin Healing Gel**
- **q Flavonoid Complex**
- **i Eye Repair Gel**
- **a Retinyl Serum or a Night Gel**, on alternate nights
- **h Super Soothing Cream**, as an alternative to the retinols when needed

Plus

Purifying Mask every five days