

30-MINUTE ACNE FACIAL

An express treatment facial for a combination/oily teenage skin with surface dryness, fungal acne, blackheads, whiteheads, pustules and scarring.

SKIN ANALYSIS

Once your client is comfortable on the table, start by examining their skin so you can customize your treatment plan to what they need that day. Tell them what you see on their skin and how you're going to improve it over the course of their treatment.

PREP

Cleanse

- Cleanse thoroughly with the **k Facial Cleanser** and remove with disposable sponges.

Exfoliation

- Mix the **Exfoliating Mask** with the **h Skin Healing Gel** and work into the skin.
- Remove with an ultrasonic scrubber and clean off the residue with warm towels.

TREATMENT

Massage

- Apply the **h Skin Healing Gel** over the face and massage it in for a couple of minutes.

Specialty Treatment

- Apply the **r Skin Refreshener** to a gauze pad and sweep all over the face except for the eye area.
- Repeat this step with the **Normalizing Formula**, leave on for 1–2 minutes and remove with cool water and sponges.

Icing

- Apply a generous layer of **h Skin Healing Gel** all over the face.
- Gently massage the skin with cryo sticks, keeping them moving until the entire face has been iced.

Mask

- Apply the **Purifying Mask** all over the face, avoiding the eye area.
- Apply the **i Eye Repair Gel** around the eyes and place gauze dampened with a little **h Skin Healing Gel** on top.
- Wrap the face with warm towels, then remove the eye pads and use the towels to remove the mask. Remove any residue with sponges.

Finishing products

- Apply a final layer of **h Skin Healing Gel**. Mix the **y Light Moisturizer** with the **a Night Gel** and apply on top.
- Apply the **i Eye Repair Gel** all around the eye area and a layer of **h Super Soothing Cream** on the lips.
- Apply the **s Facial Sun Block (SPF 40)** if it is daytime.

EDUCATION

As a skincare professional, ask your client questions about their diet and lifestyle based on what you observed during skin analysis. Remind them why being consistent with their homecare regimen is so important and tell them when you need to see them for their next appointment.

HEMOCARE REGIMEN

AM Regimen

- **k Facial Cleanser**
- **h Skin Healing Gel**
- **b Moisturizing Lotion**
- **s Facial Sun Block (SPF 40)**

PM Regimen

- **k Facial Cleanser**
- **h Skin Healing Gel**
- **p Normalizing Cream**
- (Fungal acne medication as needed)

Plus

Purifying Mask every five days